

Earn a Double Minor in **GERONTOLOGY AND HEALTH & MEDICAL HUMANITIES**



Why Double Minor in these Disciplines?

Double minoring in Gerontology and Health & Medical Humanities sets you apart from your peers in your major who may finish their degree with a one-dimensional understanding of the health field.

You also gain 100 hours of real-world experience.

Career Opportunities

- Clinical
 - Primary Care
 - Geriatrician
 - Physical Therapy
 - Occupational Therapy
 - Speech Therapy
 - Nursing
- Research
 - Aging Process
 - Chronic disease
 - Culture & Social Structure
- Administration
 - Assisted Living
 - Nursing Home
 - Memory Care
 - Hospital
 - Home Health

What is Gerontology?

This is the multidisciplinary and interdisciplinary study of the experience and process of aging across the life course. Students of gerontology study not only the physiological and sensory changes that occur with aging, but also the social roles and expectations, stereotypes, and unique social and economic issues which define the aging experience in society.



[Click Here!](#)

What is Health & Medical Humanities?

This is an interdisciplinary program engaged in the humanistic and cultural study of illness, health, healthcare, and the body. This minor is also intended to enhance personal reflection, critical thinking skills, and the ability to understand the personal, social, historical, and cultural contexts of health, illness, and medical care.



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Which courses can you count for both minors?

- GRNT/HLTH 3115: Health and the Aging Process
- GRNT/SOCY 3267: Sociology of Death, Dying and Bereavement
 - GRNT 4050/SOCY 4090: The Experience of Loneliness
- GRNT/WGST/HLTH 4260: Women: Middle Age and Beyond

Students can double count up to 3 courses

What our students are saying...

"Health & Medical Humanities helps me make sure I keep patients where they belong at the center. We know that there is a lot more to health than what can be seen objectively. The HHUM program helped me understand patients' experiences of their health conditions. More importantly, it helped me learn the vital art of caring for humans that is invaluable training for anyone in healthcare—whether doctors, nurses, pharmacists, dentists, etc."

– Joaly Canseco, HHUM (minor) & HMST (major)

"The Gerontology program provided me with a multidisciplinary and interdisciplinary framework of knowledge and skills that will stick with me forever. The service-learning and field placement opportunities allowed me to gain experience working with older adults directly and strengthened my passion even more. I learned how to communicate with older adults with cognitive challenges. In the classroom, my communication skills strengthened tremendously as I completed group work, wrote papers, and gave presentations. Our faculty are all incredibly helpful and supportive. As my time at UNC Charlotte comes to a close, I am incredibly thankful for the Gerontology Program for helping me take my passion and turn it into a potential career."

– Liza Tindall (Health Systems Management Major/Gerontology Minor 2021, Master of Public Health and Gerontology Graduate Certificate Candidate 2022)

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